

FESTIVE
PROGRAMME
2022

*Sunrise to
sunset*

A DASH OF SUN, A SPLASH OF SPARKLE,
THE FUN TIMES SHALL ROLL &
ADVENTURES WILL SURELY BLOSSOM.

COLONY CLUB

GENERAL MANAGER'S MESSAGE

This programme is designed specially for you to act as a helpful guide for all the special moments you may want to experience while on holiday.

Featuring mini-chronicles of some of Barbados' tropical blooms, we hope you find some interesting tidbits in these notes and discover some of this amazing flora on the hotel grounds.

Enjoy!

The Holiday Programme and Activities are subject to change.

Face coverings are required in all indoor spaces.

Social distancing protocols are in effect.

Happy Holidays from the Team at Colony Club!

Dear Colony Club Guests,

Welcome to the beautiful Island of Barbados and thank you for choosing Colony Club to celebrate this very special time of year.

The team at Colony has created a wonderful program for this holiday season with a mix of modern, cultural, and traditional flair for the entire family.

We look forward to making your stay truly memorable by helping you to create memories to last a lifetime.

The team at Colony wish you and your family a wonderful holiday season and a happy and prosperous 2023

Respectfully yours,

Hein Broekhoven

General Manager

FESTIVE HIGHLIGHTS

You'll be sure to get in the holiday spirit with these memorable festive highlights!

Wednesday Dec 21, 2022

11:00 am - 2:00 pm

Bajan Market Day in our Organic Garden. Meet local art and craft artisans in our Organic Garden, and sample our natural juices and local delicacies. The perfect opportunity to purchase that souvenir for friends and family back home.

Friday Dec 23, 2022

10:00 am - 2:00 pm

Herbal Extravaganza Market Day

Enjoy natural herbs in many ways and sample the Chef special treats.

Saturday Dec 24, 2022

3:00 pm - 4:00 pm

"Gingerbread House Competition"

Prepare to top your gingerbread house with gumdrops, jellybeans, candy canes and a coating of powdered sugar snow.

Sunday Dec 25, 2022

7:30 am to 10:30 am

Christmas Breakfast

Breakfast in Laguna, featuring Romario on Saxophone, Santa bearing gifts and our complimentary festive photo booth.

Monday Dec 26, 2022

1:00 pm - 1:45 pm

Bajan Dooflicky

Experience local culture with Tuk Band, dancers and the famous Mudda Sally.

Tuesday Dec 27, 2022

4:00 pm - 5:00 pm

Corks & Canvas - Paint and groove in the garden with a glass of rum punch as you create your own masterpiece. Price BDD \$50.00 per person.

10:00 am - 12:00 pm

Glass Bottom Boat Trip

Swim with the turtles, view a shipwreck and enjoy a water slide on a glass bottom boat.

Wednesday Dec 28, 2022

10:00 am - 2:00 pm

Complimentary Old Bajan Bus Tour

travelling from the West Coast to the North and East of the island with photo stops at some of the island's most popular and breathtaking locations.

Thursday Dec 29, 2022

11:00 am - 12:00 noon

Kids Tie Dye Work Shop

Elevate your tie -dye skills to make groovy swirls, strips, polka dots with some vibrant festive colours.

3:00 pm - 4:00 pm

Wine and Cheese Pairing

Enjoy our wine and cheese pairing in our beautiful gardens. Reserve with Reception.

Friday Dec 30, 2022

3:00 pm - 5:00 pm

Petting Zoo

Enjoy some of our favorite local animals, as the petting zoo comes to Colony located in the Laguna Lounge

Saturday Dec 31, 2022

7:30 pm - 9:30 pm

New Year's Eve Gala Buffet

New Year's Eve Gala Buffet Dinner on the Sunset Deck. The night is filled with entertainment for your enjoyment from the soulful saxophone player to the live band followed by fireworks to celebrate 2023.

Sunday January 1, 2023

4:00 pm - 5:00 pm

Cocktail Competition

Embark on a journey of rum discovery and create your own rum cocktail on the beach. You will be given a mystery ingredient to create your cocktail.

WEDNESDAY 21 DECEMBER 2022

HIBISCUS

The species name means rose of China, but experts believe that hibiscus more likely originates from India. An early hibiscus researcher, Ross Gast, sailed the world looking for the plant's true origin. He believed that people from India spread hibiscus south and into the Pacific Islands.

Hibiscus plants provide important ecological, aesthetic, culinary, and medicinal values. Many species are grown for their showy flowers or used as landscape shrubs, and are used to attract butterflies, bees, and hummingbirds.

A tea made from hibiscus flowers is known by many names around the world and is served both hot and cold. The beverage is known for its red colour and tart flavour. It is rich in vitamin C, minerals, and antioxidants.

The health benefits of hibiscus tea include its ability to treat high blood pressure and high cholesterol, help in the treatment of hypertension and anxiety, help fight bacteria, disturbed digestive and immune system, inflammatory problems and liver diseases, as well as cancer. It can also speed up the metabolism and help in healthy, gradual weight loss.

A wide variety of hibiscus plants bloom year round on the island. They are symbols of happiness, good luck, love & passion.



7:30 am - 10:30 am

Start your day with a hearty, nutritious breakfast in the Laguna Restaurant.

7:30 am - 11:00 pm

Boost your immune system with a healthy natural juice from our juice bar in the Laguna Restaurant.

11:00 am - 2:00 pm

Bajan Market Day on the beach with local craft artisans and Bajan delicacies, also samples our natural juices. This is the perfect opportunity to purchase that souvenir for friends and family back home.

10:00 am - 4:00 pm

Kids Club is open - with a variety of educational games, art, craft and fun activities.

11:00 am - 12:00 noon

Snowman Cup Cake Wars- kids bring your teams and showcase your skills in a magical Christmas decorating competition. Sign up at Reception.

12:30 pm - 6:00 pm

Join us on the Sunset Deck for our All Day Dining menu, as you relax and enjoy the breathtaking beach views.

3:00 pm - 5:00 pm

Petting Zoo comes to Colony with some of our favorite local animals, located in the Laguna Terrace.

4:00 pm - 5:00 pm

Complimentary Afternoon Tea on the Sunset Deck, with a variety of cakes and pastries.

4:00 pm - 6:00 pm

Happy Hour at the Sunset Bar with half price on selected cocktails.

5:00 pm - 7:00 pm

The kid's menu is available in Laguna Restaurant.

movin' and shakin'

7:00 pm - 9:00 pm

Tales from the Vault Dinner in the Rum Vault, a rum inspired culinary journey like no other. Group dining only, minimum of 4 and maximum of 8 guests. Please reserve with Reception.

7:00 pm - 9:30 pm

Steak Night with live Saxophonist in the Laguna Restaurant. Please reserve with Reception.

10:00 pm - 11:00 pm

Late night Happy Hour in the Laguna Bar with half price on selected cocktails.

THURSDAY 22
DECEMBER 2022

FRANGIPANI

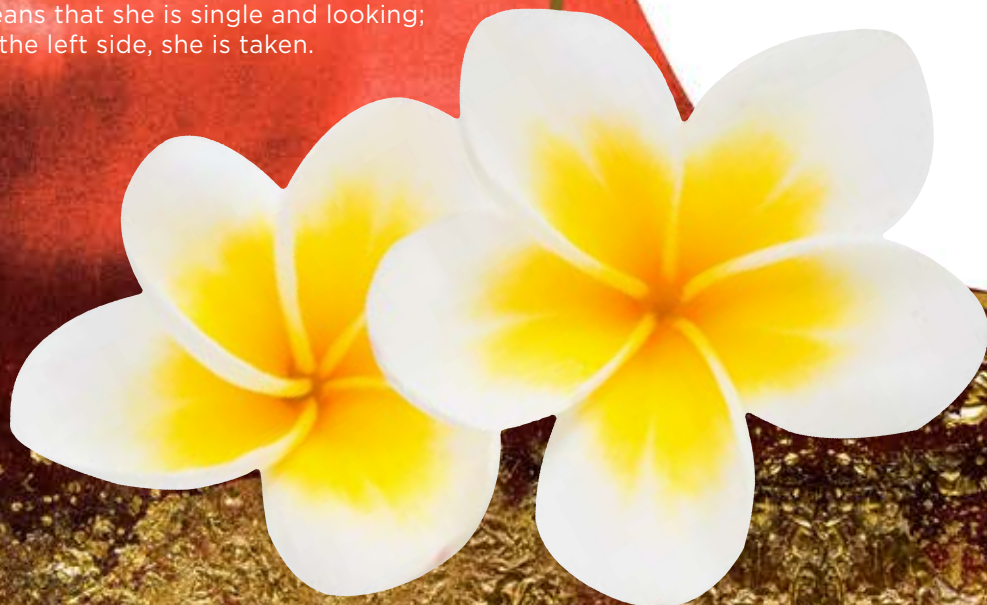
Known more widely as a Plumeria, the Frangipani has a delicate, almost citrus like scent.

The flowers are most fragrant at night; they use their scent to attract moths for pollination.

Modern florists often recommend the Plumeria as a gift for someone who has endured many challenges because this plant must be heated over 500 degrees F to catch alight and start burning. Aside from a natural toughness, the delicate look of the flower makes it a symbol of grace, wealth, and perfection across Asia.

Some cultures attribute a link between the flower and ghosts or other supernatural entities.

Meanwhile in Hawaii...when a plumeria flower is worn by a woman in the hair over the right ear, it means that she is single and looking; worn on the left side, she is taken.



7:30 am - 10:30 am

Say good morning to your body and start your day with a hearty, nutritious breakfast in the Laguna Restaurant.

7:30 am - 11:00 pm

Boost your immune system with a healthy natural juice from our juice bar in the Laguna Restaurant.

8:00 am - 9:00 am

Increase your feeling of wellbeing with complimentary Pilates on the South side of the beach, next to the watersports hut.

9:30 am - 10:30 am

Snorkel with the turtles and view the underwater world with our watersports team. Adults USD \$50.00. Children under 12 years USD \$25.00. Please reserve with watersports.

10:00 am - 4:00 pm

Kids Club is open with a variety of educational games, art, craft and fun activities.

12:30 pm - 6:00 pm

Join us on the Sunset Deck for our All Day Dining menu, as you relax and enjoy the breathtaking beach views.

3:00 pm - 4:00 pm

Bait-to-plate fishing expedition with our water sports team, your catch will be prepared to your specifications by Chef Wayne on a date of your choosing. Limited space available. Please sign up at Reception.

4:00 pm - 5:00 pm

Complimentary Afternoon Tea on the Sunset Deck.

4:00 pm - 6:00 pm

Kids Disney Christmas Party- Disney comes to Colony, come and enjoy a wonderful outdoor Disney Party and take photos of that memorable moment with the photo booth.

4:00 pm - 6:00 pm

Happy Hour at the Sunset Bar with half price on selected cocktails.

*Fun times
only*

5:00 pm - 7:00 pm

The kid's menu is available in Laguna Restaurant.

7:00 pm - 9:30 pm

Lobster & Jazz night on the Sunset Deck with live Saxophonist. Please reserve with Reception.

10:00 pm - 11:00 pm

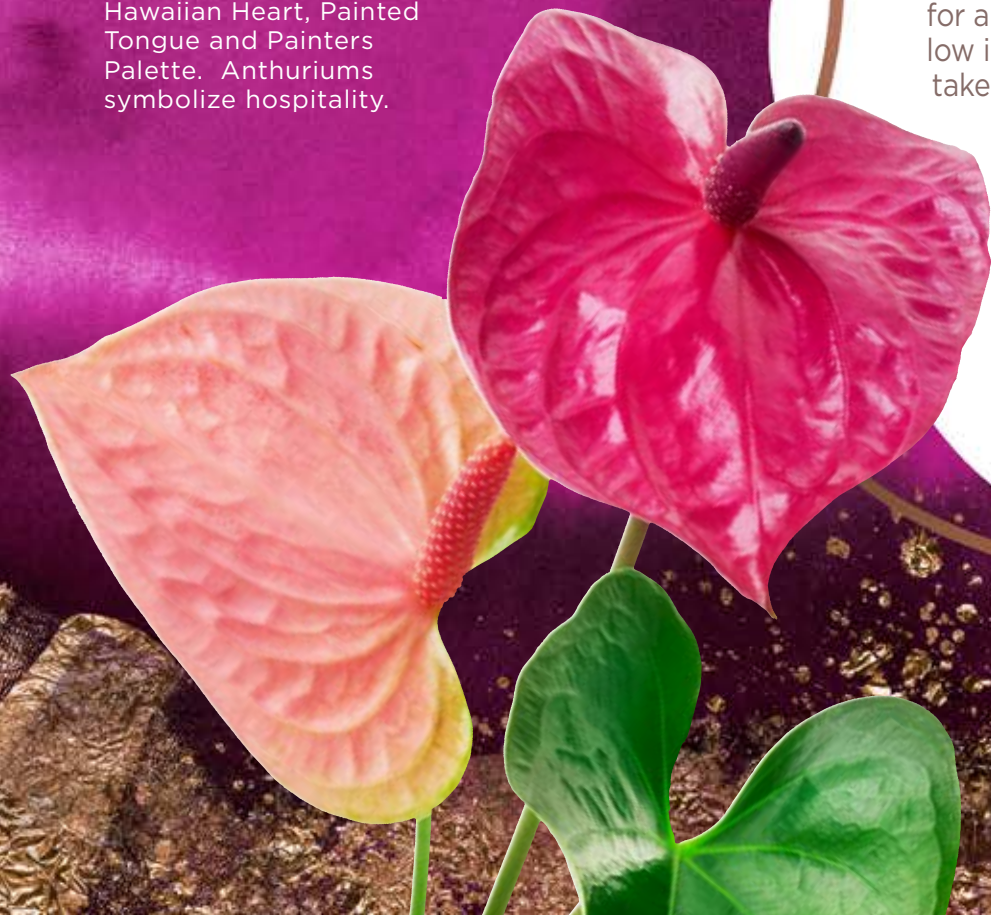
Late night Happy Hour at Laguna Bar with half price on selected cocktails.

FRIDAY 23
DECEMBER 2022

ANTHURIUM

The anthurium plant has more than 1000 species and can re-bloom all year. The colourful heart-shape is not a flower it is actually a spathe, or shield-like leaf. Its function is to protect the spadix, which contains several tiny flowers when in bloom. The spathe can come in many colors, such as pink, orange and white.

The name anthurium is Greek, meaning "Tail Flower". It is also commonly known as the Flamingo Flower, Hawaiian Heart, Painted Tongue and Painters Palette. Anthuriums symbolize hospitality.



7:30 am - 10:30 am

Start your day with a hearty, nutritious breakfast in the Laguna Restaurant.

7:30 am - 11:00 pm

Boost your immune system with a healthy natural juice from our juice bar in the Laguna Restaurant.

8:00 am - 9:00 am

Pool Aerobics - exercises for a full body workout, low impact activity that takes the pressure off your bones, joints, and muscles, in the top pool by the waterfall.

10:00 am - 11:30 am

Stand-up Paddle and Turtle Tour. Paddleboard along the beach of the West Coast. Limited space available, please reserve at Reception and meet at the watersports shop. You must be able to paddleboard and swim to join this tour.

10:00 am - 4:00 pm

Kids Club is open with a variety of educational games, art, craft and fun activities.

10:00 am - 2:00 pm

Herbal Extravaganza Day - Enjoy natural herbs in many ways, taste the Chef's special treats made with herbs from our Organic Garden and enjoy the sweet sounds of steel pan.

12:30 pm - 6:00 pm

Join us on the Sunset Deck for our All Day Dining menu, as you relax and enjoy the breathtaking beach views.

3:00 pm - 5:00 pm

Archery Lessons - Learn the technique of archery as you are coached to discover this fine art on the tennis courts. Please reserve with Reception.

4:00 pm - 5:00 pm

Complimentary Afternoon Tea on the Sunset Deck.

4:00 pm - 6:00 pm

Happy Hour at the Sunset Bar with half price on selected cocktails.

6:00 pm - 9:30 pm

Oistins Fish Fry - Experience true Bajan culture at the Oistins fish fry, at this famous fishing village on the south coast where you can indulge in fresh local seafood dishes. A bus shuttle will take you to Oistins and back to Colony for a fee of \$50.00 Bds per person. Please reserve with Reception.

5:00 pm - 7:00 pm

The kid's menu is available on the Sunset Deck.

this is how we play

7:00 pm - 9:30 pm

A la carte Dinner with our Chef's Specials on the Sunset Deck with live entertainment. Please reserve with Reception.

8:30 pm - 9:30 pm

Rum and Chocolate Pairing in the Rum Vault, enjoy rums from around the world perfectly paired with specialty chocolates. Group dining only, minimum of 4 and maximum of 8 guests. Please reserve with Reception.

10:00 pm - 11:00 pm

Late night Happy Hour at Laguna Bar with half price on selected cocktails.

SATURDAY 24
DECEMBER 2022

CHRISTMAS
CANDLE

Known as Senna Alata, this plant is an important medicinal tree, as well as an ornamental flowering plant in the subfamily Caesalpinioideae. It is also known as Emperor's Candlesticks, Candle Bush, Candelabra Bush, Christmas Candles, Empress Candle Plant, Ringworm Shrub, or Candletree. It can also provide many health benefits, however, before you get too adventurous, be warned that parts of the plant are toxic so it would be advised to seek further information regarding the usage of this plant for medicinal purposes.



Christmas Eve at Colony Club

7:30 am - 10:30 am

Start your day with a hearty, nutritious breakfast in the Laguna Restaurant.

7:30 am - 11:00 pm

Boost your immune system with a healthy natural juice from our juice bar in the Laguna Restaurant.

8:00 am - 9:00 am

For a healthy start to your day join us on the beach for an invigorating Yoga session. Please bring the mat from your room.

1:00 am - 4:00 pm

Kids Club is open with a variety of educational games, art, craft and fun activities.

11:00 am - 12:00 pm

Ocean in a Bottle - create memories of the ocean at Colony Club by organizing sea, sand and shells in a bottle to create a beautiful keepsake. Please reserve with Reception.

12:30 pm - 6:00 pm

Join us on the Sunset Deck for our All Day Dining menu, as you relax and enjoy the breathtaking beach views.

3:00 pm - 4:00 pm

Gingerbread House Competition" Prepare to top your gingerbread house with gumdrops, jelly beans, candy canes and a coating of powdered sugar snow. Whichever Christmas candy you choose, you're guaranteed to have a ton of fun making these sugary creations.

4:00 pm - 5:00 pm

Complimentary Afternoon Tea on the Sunset Deck.

4:00 pm - 6:00 pm

Happy Hour at the Sunset Bar with half price on selected cocktails.

5:00 pm - 7:00 pm

The kids menu is available on the Sunset Deck.

Finding inspiration

6:00 pm - 7:00 pm

Christmas Caroling by G. Syndicate from our gardens to the Sunset Deck, where the Management team will greet you with a glass of bubbly.

7:00 pm - 9:30 pm

Enjoy our Noddle Bar and Asian Wok Buffet Dinner in the Laguna Restaurant with live entertainment by Raven Sky.

10:00 pm - 11:00 pm

Late night Happy Hour at Laguna Bar with half price on selected cocktails.

SUNDAY 25
DECEMBER 2022

HELICONIA

Common names for this flower include Lobster-Claws, Toucan Beak, Wild Plantain, or False Bird-Of-Paradise.

Heliconia is named after Mount Helicon, the seat of the Muses, the nine goddesses of the arts and sciences in Greek mythology.

It is a landscape plant and is found in varying species across the island. It's symbolism is to "keep you young and beautiful". What a fitting name for such a vibrant, exotic plant!

Christmas Day at Colony Club

7:30 am - 10:30 am
Say good morning to your body and start your day with a hearty, nutritious breakfast in the Laguna Restaurant while you are serenaded by the sweet sounds of Romario on saxophone.

7:30 am - 11:00 pm
Boost your immune system with a healthy natural juice from our juice bar in the Laguna Restaurant.

7:30 am - 9:30 am
Create lasting memories with our complimentary festive photo booth.

8:30 am - 9:30 am
Santa brings gifts and Christmas cheer to the Laguna Restaurant. Have you been naughty or nice?

11:00 am - 12:00 noon
Edible Fruit Art- show off your creativity and art skills while enjoying your edible art. Please reserve with Reception.

12:30 pm - 2:30 pm
Join family and friends for our signature Christmas Buffet Lunch with traditional Barbadian delicacies in the Laguna Restaurant, entertainment by Casablanca Steel Orchestra.

4:00 pm - 5:00 pm
Complimentary Afternoon Tea on the Sunset Deck.

4:00 pm - 6:00 pm
Happy Hour at the Sunset Bar with half price on selected cocktails.

5:00 pm - 7:00 pm
The kid's menu is available on the Sunset Deck.

7:00 pm - 9:30 pm
Colony's Traditional Christmas Dinner in Laguna Restaurant with live entertainment. Please reserve with Reception.

10:00 pm - 11:00 pm
Late night Happy Hour in the Laguna Bar with half price on selected cocktails.

*have a happy
christmas*

What is
Christmas?

It is tenderness
for the past,

courage
for the present,

hope
for the future.

- Agnes M. Pahro

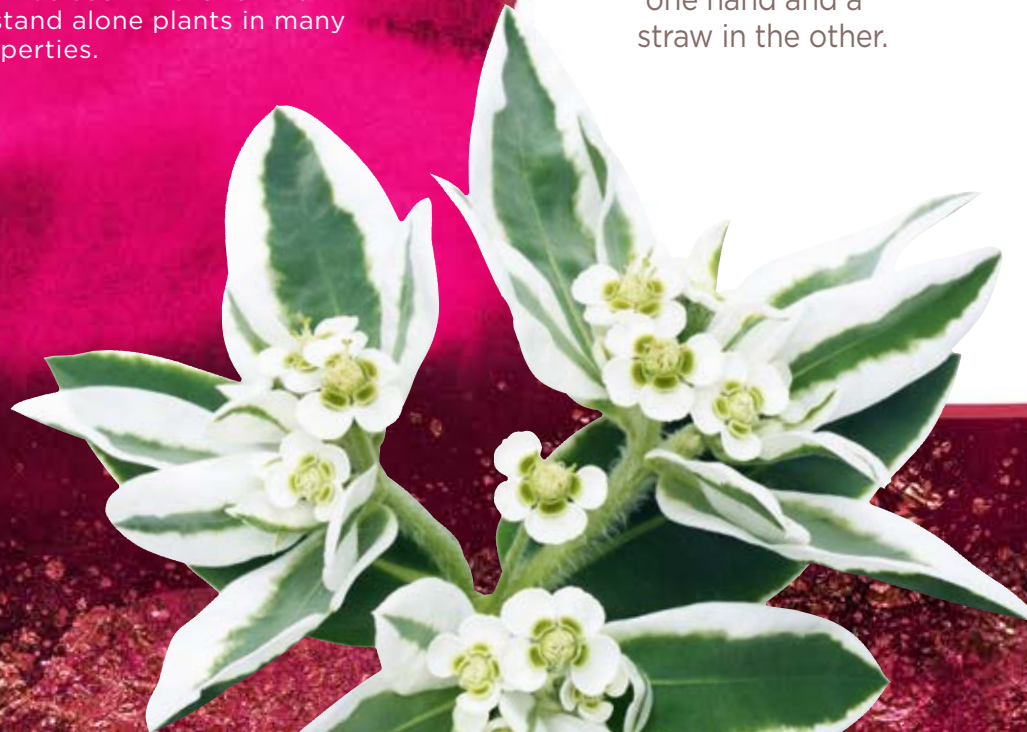


MONDAY 26 DECEMBER 2022

SNOW ON THE MOUNTAIN

Though no snow falls in the Caribbean, our version of “snow on the mountain” is a beautiful plant weed, which is used mostly as ground cover as it has a lush full appearance adorned with beautiful white and green leaves and small white flowers that blossom at the tips. Amongst all the typical bright sunny colours of tropical plants, this plant is more simple in its colour palette yet strikingly charming.

Also known as Goutweed or Bishop's Weed, it can spread quite fast and needs little care or attention. It grows where most plants are doomed to fail and is not an invasive plant, so it is easy and manageable, which also makes it a favourite choice of property owners and can be seen in the form of hedges or as stand alone plants in many Barbadian properties.



Boxing Day at Colony Club

7:30 am - 10:30 am

Start your day with a hearty, nutritious breakfast in the Laguna Restaurant.

7:30 am - 11:00 pm

Boost your immune system with a healthy natural juice from our juice bar in the Laguna Restaurant.

11:00 am - 12:00 noon

Kid's Sip & Paint Blast, create a fabulous island image as you hold your brush in one hand and a straw in the other.

10:00 am - 4:00 pm

Kids Club is open with a variety of educational games, art, craft and fun activities.

12:30 pm - 6:00 pm

Join us on the Sunset Deck for our All Day Dining menu, as you relax and enjoy the breathtaking beach views.

1:00 pm - 2:00 pm

Bajan Dooflicky on the Deck, experience a taste of local culture with Tuk band, dancers and the famous Mudda Sally. This is one big family, fun filled Extravaganza!

4:00 pm - 5:00 pm

Complimentary Afternoon Tea on the Sunset Deck.

4:00 pm - 6:00 pm

Happy Hour at the Sunset Bar with half price on selected cocktails.

5:00 pm - 7:00 pm

The kids menu is available on the Sunset Deck.

7:00 pm - 9:30 pm

A la carte dinner with our Chef's Specials on the Sunset Deck with live entertainment. Please reserve with Reception.

*the fun's not
over yet*

7:00 pm - 9:00 pm

Tales from the Vault Dinner in the Rum Vault, a rum inspired culinary journey like no other. Group dining only, minimum of 4 and maximum of 8 guests. Please reserve with Reception.

10:00 pm - 11:00 pm

Late night Happy Hour in the Laguna Bar with half price on selected cocktails.

TUESDAY 27
DECEMBER 2022

DESERT ROSE

The Desert Rose (*Adenium Obesum*) originates from Eastern Africa to Southern Arabia and is loved by many for its bright flowers and unique swollen stem. The Chinese named this plant the "Flower of Wealth", believing it brings good fortune and the caudex (swollen stem base) represents fertility. A succulent plant with pink, tubular flowers and a swollen, woody stem containing toxic, milky sap that is sometimes used for arrow poison.

It has a long life span of up to 500 years old! To identify the age of a desert rose, measure the diameter of the stem. This is a slow-growing plant, and every millimeter represents one year. It is a seasonal succulent that sheds leaves when not in season. The plant, interestingly, gets enough nutrients even when other plants start dying due to unbearable weather conditions.



7:30 am - 10:30 am

Start your day with a hearty, nutritious breakfast in the Laguna Restaurant.

7:30 am - 10:00 pm

Boost your immune system with a healthy natural juice from our juice bar in the Laguna Restaurant.

8:30 am - 9:30 am

Enjoy a Historic Beach Walk with our knowledgeable guide to Holetown beach, learn the rich history of this little town which was discovered by the British in 1625. Meet on Sunset Deck.

10:00 am - 11:00 am

Garden-to-plate Tour, Chef Michelle will take you on a guided tour of our Organic Garden and then tantalize you with delicious samples from her healthy cooking demonstration. Please reserve with Reception.

10:00 am - 4:00 pm

Kids Club is open with a variety of educational games, art, craft and fun activities.

10:00 am - 12:00 noon

Complimentary Glass Bottom boat trip. Swim with the turtles, view a shipwreck and enjoy the water slide on our Glass bottom boat trip. Please reserve with Reception.

12:30 pm - 6:00 pm

Join us on the Sunset Deck for our All Day Dining menu, as you relax and enjoy the breathtaking beach views.

4:00 pm - 5:00 pm

Corks & Canvas - paint & groove in the Laguna Lounge with a glass of rum punch as you create, your own master piece. Price BDD \$50.00 per person which can be charged to your room. Reserve at Reception.

some time to wind down

4:00 pm - 5:00 pm

Complimentary Afternoon Tea on the Sunset Deck.

4:00 pm - 6:00 pm

Happy Hour at the Sunset Bar with half price on selected cocktails.

5:00 pm - 7:00 pm

The kid's menu available on the Sunset Deck.

7:00 pm - 9:30 pm

Seaside Grill and International Buffet on the Sunset Deck with entertainment by Raven Sky. Please reserve with Reception.

10:00 pm - 11:00 pm

Late night Happy Hour in the Laguna Bar with half price on selected cocktails.

WEDNESDAY 28
DECEMBER 2022

WATER LILY

Lily flower meanings include beauty, purity, fertility, transformation, rebirth, and devotion. It is also July's birth flower.

As water lilies live and die in water, they have connections to spirituality, renewal, life energy, and rebirth. They also embody the cycle of life, where they open during the day and close at night.

The water lily is a star in the art world. Impressionist Claude Monet was well renowned for painting this aquatic plant (almost 250 of his paintings featured water lilies! It has become a modern day symbol that depicts peace and is seen often in spa and holistic culture around the world.



7:30 am - 10:30 am

Start your day with a hearty, nutritious breakfast in the Laguna Restaurant.

7:30 am - 10:00 pm

Boost your immune system with a healthy natural juice from our juice bar in the Laguna Restaurant.

10:00 am - 4:00 pm

Kids Club is open with a variety of educational games, art, craft and fun activities.

10:00 am - 2:00 pm

Complimentary Old Bajan Bus Tour - which will be travelling from the West Coast to the North and East of the island with photo stops at some of the island's most popular and breathtaking locations:

- St. Nicholas Abbey
- Cherry Tree Hill
- Morgan Lewis Windmill
- Bathsheba.

Limited space available so book early with Reception.

10:30 am - 11:00 am

Kids Mad Science - Have a blast with super fun mad science experiment. Reserve at Reception.

12:30 pm - 6:00 pm

Join us on the Sunset Deck for our All Day Dining menu, as you relax and enjoy the breathtaking beach views.

3:00 pm - 4:00 pm

Beach Cricket - Enjoy a friendly game of beach cricket with the Colony Team, meet at the Watersports Shop.

4:00 pm - 5:00 pm

Complimentary Afternoon Tea on the Sunset Deck.

4:00 pm - 6:00 pm

Happy Hour at the Sunset Bar with half price on selected cocktails.

5:00 pm - 7:00 pm

The kid's menu is available on the Sunset Deck.

getting creative

7:00 pm - 9:30 pm

Steak Night with Saxophone in the Laguna Restaurant. Please reserve with Reception.

7:00 pm - 9:30 pm

Join us in the Rum Vault for Rum and Chocolate Pairing: Rums from around the world and perfectly paired with specialty chocolates. Private group dining only, minimum 4 maximum 10. Please reserve with Reception.

10:00 pm - 11:00 pm

Late night Happy Hour in the Laguna Bar with half price on selected cocktails.

THURSDAY 29 DECEMBER 2022

POINSETTIA

Widely known as December's birth flower, the Poinsettia is native to Mexico. The ancient Aztecs used poinsettias to make red dye, and they turned to poinsettia sap to control fevers.

Poinsettias aren't always red. The plant is grown in more than 100 varieties including shades of white, cream, pink, purple, orange and yellow. There are also marble and bi-color varieties.

Since these winter plants are often red and green, they fit right in with the holiday hues. Poinsettias also mean joy, cheer, and success, regardless of their color. As a shrub, it can grow as large as 15ft tall. The showy, colourful part of the poinsettia isn't a flower - it's a modified leaf.

Poinsettias are America's No. 1 selling potted plant, contributing a whopping \$250 million to their economy annually - even though the market for them is only about six weeks long.



7:30 am - 10:30 am

Start your day with a hearty, nutritious breakfast in the Laguna Restaurant.

7:30 am - 10:00 pm

Boost your immune system with a healthy natural juice from our juice bar in the Laguna Restaurant.

8:00 am - 9:00 am

For a healthy start to your day join us on the beach for an invigorating Yoga session. Please bring the mat from your room.

8:30 am - 9:30 am

Family Tennis Clinic - A professional tennis coach will conduct a tennis clinic for persons 12 years and older. Please reserve with Reception.

9:00 am - 12:00 noon

Atlantic Coast Hike 'N' Bike - The craggy East Coast exposed hike, experience the abandoned trail line and bike the beautiful Scotland district. US\$ 135 per person. Please reserve with Reception 24 hours in advance.

10:00 am - 4:00 pm

Kids Club is open with a variety of educational games, art, craft and fun activities.

11:00 am - 12:00 noon

Elevate your tie-dye skills in our Family Tie Dye Workshop- to make groovy swirls, strips, polka dots with some vibrant festive colours. Please reserve with Reception. Fee Apply.

12:30 pm - 6:00 pm

Join us on the Sunset Deck for our All Day Dining menu, as you relax and enjoy the breathtaking beach views.

3:00 pm - 4:00 pm

Wine & Cheese Pairing in the garden -Something magical takes place when you find the perfect combination of flavours in a food and wine pairing. The right pairing makes wine and cheese taste infinitely better than they would each taste on they own. Please reserve with Reception.

*don't skip
a beat*

4:00 pm - 5:00 pm

Complimentary Afternoon Tea on the Sunset Deck.

4:00 pm - 6:00 pm

Happy Hour at the Sunset Bar with half price on selected cocktails.

5:00 pm - 7:00 pm

The kid's menu is available on the Sunset Deck.

7:00 pm - 9:30 pm

Lobster & Jazz night on the Sunset Deck with Saxophonist. Please reserve with Reception.

10:00 pm - 11:00 pm

Late night Happy Hour at Laguna Bar.

FRIDAY 30 DECEMBER 2022

BOUGAINVILLEA

Bougainvillea flowers were considered a symbol of passion to the Victorians. In other cultures, they symbolize welcome, peace, and the promotion of free trade.

It is also called 'Paper Flower' and Santa Rita.

Bougainvilleas can be grown in pots, as a bonsai, in hanging baskets, along walls, over trellises, as a hedge and other places in the garden. Bougainvilleas were first recorded by the Europeans, by French botanist Philibert Commerçon, in the 1760s.

The Bougainvillea was named by Commerçon, after the French Admiral, Louis-Antoine de Bougainville, who was an explorer, and whom Commerçon had joined for an expedition around the world.



7:30 am - 10:30 am

Start your day with a hearty, nutritious breakfast in the Laguna Restaurant.

7:30 am - 10:00 pm

Boost your immune system with a healthy natural juice from our juice bar in the Laguna Restaurant.

8:00 am - 9:00 am

Pool Aerobics - exercises for a full body workout, low impact activity that takes the pressure off your bones, joints and muscles.

10:00 am - 4:00 pm

Kids Club is open with a variety of educational games, art, craft and fun activities.

11:00 am - 12:00 noon

Mermaids at Colony - Calling all kids to be a mermaid or mer-shark for the day in the swim up pool by the Sunset Deck. Reserve with Reception.

12:30 pm - 6:00 pm

Join us on the Sunset Deck for our All Day Dining menu, as you relax and enjoy the breathtaking beach views.

3:00 pm - 5:00 pm

Petting Zoo comes to Colony with some of our favorite local animals, located in the Laguna Lounge.

4:00 pm - 5:00 pm

Complimentary Afternoon Tea on the Sunset Deck.

4:00 pm - 6:00 pm

Happy Hour at the Sunset Bar with half price on selected cocktails.

5:00 pm - 7:00 pm

The kid's menu is available on the Sunset Deck.

6:00 pm - 9:30 pm

Oistins Fish Fry - experience true Bajan culture at the Oistins fish fry, at this famous fishing village on the south coast where you can indulge in fresh local seafood dishes. A bus shuttle will take you to Oistins and back to Colony for a fee of \$50.00 Bd. per person. Please reserve with Reception.

all about the adventures

7:30 pm - 9:30 pm

The tropical night sky has so much to see, comets, stars, planets and other celestial exotica. View the night sky with our Astronomer on the Sunset Deck.

7:00 pm - 9:30 pm

A la carte dinner with our Chef's Specials on the Sunset Deck with live entertainment. Please reserve with Reception.

10:00 pm - 11:00 pm

Late night Happy Hour at Laguna Bar with half price on selected cocktails.

SATURDAY 31
DECEMBER 2022

**PRIDE OF
BARBADOS**

This is the national flower of Barbados. Blossoming year-round, it's petals of bright orange, yellow and red are reminiscent of the sunset and add to the vibrant, tropical landscape across the island, providing a source of nectar for pollinating agents like bees, bats, and moths, so as to facilitate pollination

In other countries it is also known as Dwarf Poinciane; Red Bird of Paradise; Krere-Krere; Tabachin and Tabaquin. Sometimes it is referred to as the "Flame Tree" because it lights up the environment.

You can spot the Pride of Barbados flower on the Barbados Coat of Arms signifying the importance of it to Barbadian culture.



New Year's Eve at Colony Club

7:30 am - 10:30 am

Start your day with a hearty, nutritious breakfast in the Laguna Restaurant.

7:30 am - 10:00 pm

Boost your immune system with a healthy natural juice from our juice bar in the Laguna Restaurant.

8:00 am - 9:00 am

For a healthy start to your day join us on the beach for an invigorating Yoga session. Please bring the mat from your room.

10:00 am - 4:00 pm

Kids Club is open with a variety of educational games, art, craft and fun activities.

12:30 pm - 2:30 pm

A la carte lunch is served on the Sunset Deck.

4:00 pm - 5:00 pm

Complimentary Afternoon Tea on the Sunset Deck

4:00 pm - 6:00 pm

Happy Hour at the Sunset Bar with half price on selected cocktails.

6:30 pm - 8:30 pm

Kids New Year's Eve 'Glow Dinner Party', with games, magic show and fun activities in the Regency Suite.

6:30 pm - 7:00 pm

Bonvoy Cocktail Party on the Sunset Terrace.

6:30 pm - 8:30 pm

Take Advantage of our photo booth in the Laguna Lounge and create lasting memories of family and friends.

7:30 pm - 9:30 pm

Join us for our fabulous New Year's Eve Gala Buffet Dinner in Laguna Restaurant, followed by a Night filled with entertainment as we welcome the New Year.

9:00 pm

Enjoy a mini floorshow with fire eater and limbo dancer.

*whatever
you do today,
do it with
a bang*

10:00 pm - 2:00 am

Entertainment by the popular "Fire & Ice".

12:00 Midnight

Enjoy sitting under the stars on the Sunset Deck as you watch the fabulous fireworks display to usher in 2023! Please reserve with Reception.

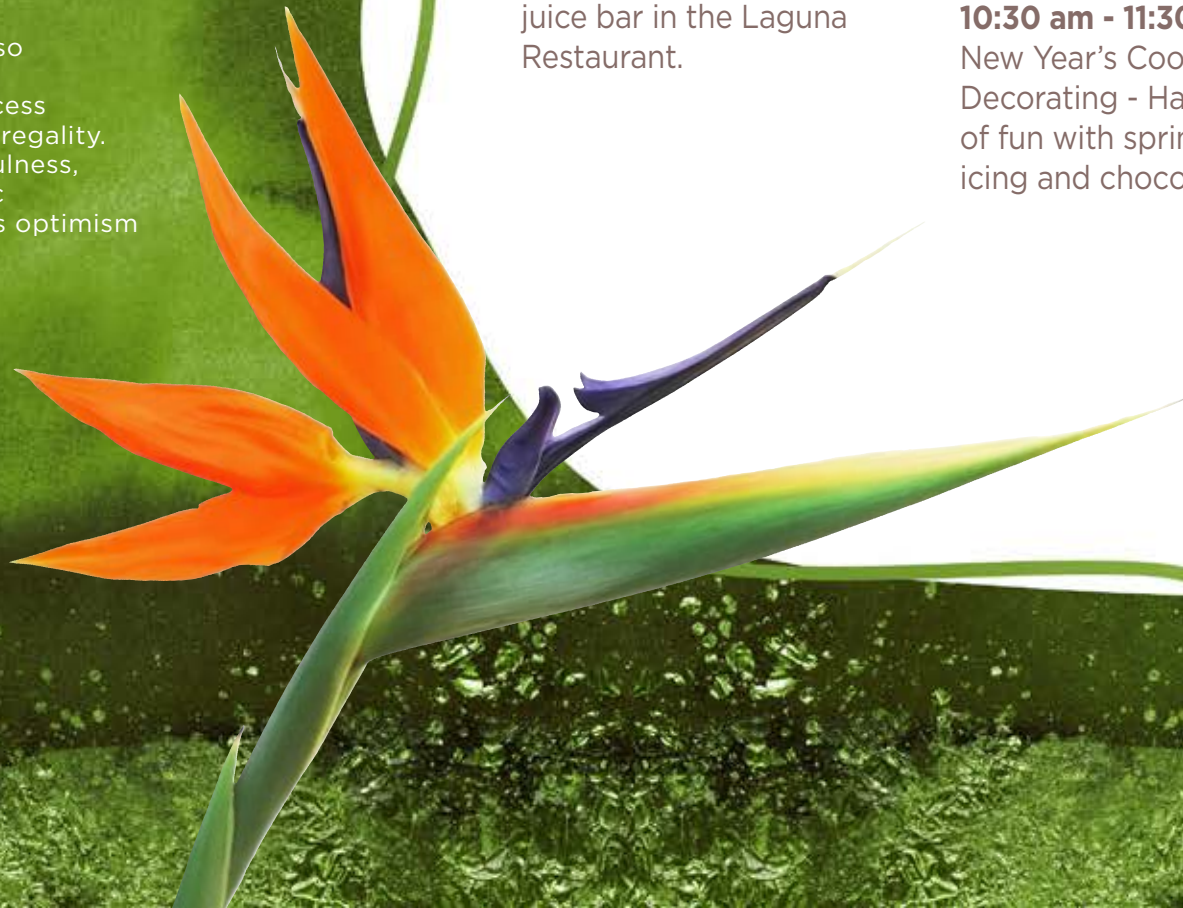
SUNDAY 01 JANUARY 2023

BIRD OF PARADISE

An exotic flower by all accounts, the Bird of Paradise is known as the ultimate symbol of paradise and freedom. Due to its tropical nature, this flower also symbolizes freedom and joy. Although birds of paradise are best known for their bright orange and blue colors, their flowers can also be white.

It acquired its playful name as it resembles a bird in flight.

Bird of Paradise can also represent excellence, magnificence, and success along with royalty and regality. It can symbolize faithfulness, particularly in romantic relationships, as well as optimism toward the future.



New Year's Day at Colony Club

7:30 am - 10:30 am

Say good morning to your body and start your day with a hearty, nutritious breakfast in the Laguna Restaurant.

7:30 am - 11:00 am

Boost your immune system with a healthy natural juice from our juice bar in the Laguna Restaurant.

10:00 am - 11:00 am

Align your mind and body for the New Year with Pilates on the beach.

10:00 am - 1:00 pm

Kids Club is open with a variety of educational games, art, craft and fun activities.

10:30 am - 11:30 am

New Year's Cookie Decorating - Have lots of fun with sprinkles, icing and chocolates.

12:30 pm - 6:00 pm

All Day Dining menu on the Sunset Deck with live entertainment by the Casa Blanca Steel Orchestra.

4:00 pm - 5:00 pm

Complimentary Afternoon Tea on the Sunset Deck.

4:00 pm - 5:00 pm

Rum Cocktail Competition - Embark on this journey of rum discovery and create your signature rum cocktail on the beach. You will be given a mystery rum ingredient to create your very own cocktail.

4:00 pm - 6:00 pm

Happy Hour at the Sunset Bar with half price on selected cocktails.

*splash into the
new year*

5:00 pm - 7:00 pm

The kid's menu is available on the Sunset Deck.

7:00 pm - 9:30 pm

A la carte dinner with our Chef's Specials on the Sunset Deck with live entertainment. Please reserve with Reception.

10:00 pm - 11:00 pm

Late night Happy Hour in the Laguna Bar with half price on selected cocktails.

GENERAL INFORMATION

ORCHID

Did you know that orchids are one of the oldest family of flowering plants. Orchid varieties have been found all over the world. This leads experts to believe they have been around since before the continents separated!

Orchids are the largest family of flowering plants. With more than 25,000 species, there are more orchids on the planet than mammals and birds!

A new species of orchid with flowers measuring just over 2mm across has been discovered in Cerro Candelaria Reserve, Ecuador. The largest weighs several hundred pounds and some specimens measuring up to 25 ft.

Mature Orchids grow upside down. The blooms are so heavy that the plants end up growing upside down.

Orchids are a favourite of all Barbadians, used on display in homes and gardens and also a popular wedding decor flower. The delicate, exotic and graceful orchid represents love, luxury, beauty and strength. In ancient Greece, orchids were associated with virility. In fact, Greek women believed that if the father of their unborn child ate large, new orchid tubers, the baby would be a boy.

Dinner Reservations

Please note that reservations for dinner must be booked daily with Reception or directly in the restaurant.

Dining Attire

Please note that our evening dining attire is Elegant Casual. Tailored knee length shorts and jeans are accepted. No caps, armholes, tee shirts, beachwear, board shorts, cargo shorts or flip flops are allowed. For breakfast and lunch, the dining attire is casual - shirts and footwear are required for breakfast. We ask ladies to wear cover ups over their swimsuits. Wet swimwear is not allowed in the Restaurant.

In-Room Dining

Breakfast:
7:30 am - 10:30 am

All Day Dining:
12:30 pm - 6:00 pm

Breakfast Room Service:
7:30 am - 11:00 am

All Day Dining Room Service:
12:30 pm - 9:30 pm

Night Owl Menu Room Service:
10:00 pm - 7:00 am

Dinner:
7:30 pm - 9:30 pm
Guests will be charged for Premium Wines and Champagne. Please note that during festive season additional charges or supplement fees will apply to dine at all properties for their Christmas Gala Dinner and New Year's Eve Dinner.



CHURCH SERVICES

Influenced by Georgian and Jacobean architecture, churches are a huge part of Barbadian heritage and history.

Barbados has more than 100 religious sects and more churches than days in a year. Churches are found everywhere, in all shapes and sizes, from stately stone Anglican ones, with stained glass windows and piped organs, to tiny wooden structures containing little more than a few benches for their revivalist congregation.

During the Christmas period the Churches of Barbados have several services that you can attend. Listed here are some services near to Colony Club.

For further information on other religious services please contact Guest Activities Desk.

Anglican Services

St. James Parish Church - Holetown (believed to be one of the first churches in Barbados, built over three hundred years ago.)

Sundays: 7:15 am & 9:00 am
Midnight Mass - Christmas Eve: 12:00 Midnight
Christmas Day: 7:15 am & 9:00 am
New Year's Eve: Please contact Guest Activities Desk

Catholic Services

St. Francis of Assisi - Mount Standfast, St. James
Christmas Day: 8:00 am & 10:30 am

Methodist Services

Holetown Methodist Church
Christmas Day: 5:00 am
New Year's Eve: 11:00 pm

Payne's Bay Methodist Church - Payne's Bay, St. James
Christmas Day: 5:00 am
New Year's Eve: 11:00 pm

MEET THE TEAM

We like to treat our guests like family and endeavour to make your stay as enjoyable and memorable as possible.

Meet the Team

General Manager

Hein Broekhoven

Financial Controller

Rosalind Crichlow

Guest Relations Officer

Karen Roach

Front Office Manager

Anique Herbert

Service Delivery Manager

Dale Greene

Activities Manager

Jillian Payne

Executive Chef

Wayne Maynard

Executive Housekeeper

Juanita Barrow

Property Manager

Dwight Cummins

*at your
beckon call*

WATER TAXI SCHEDULE

Please sit back,
relax & enjoy
the view.

The water taxi cruises daily
(weather permitting).

Please do not forget your
hotel ID and beach towels.



MOVING UP THE WEST COAST
SOUTH → NORTH

MOVING DOWN THE WEST COAST
NORTH → SOUTH

WATER TAXI SCHEDULE

Waves	Crystal	Tamarind	Colony
09:15	→ 09:25	→ 09:35	→ 09:55
10:35	→ 10:45	→ 10:55	→ 11:15
11:55	→ 12:05	→ 12:15	→ 12:35
13:50	→ 14:00	→ 14:10	→ 14:30
15:10	→ 15:20	→ 15:30	→ 15:50

Colony	Tamarind	Crystal	Waves
09:55	→ 10:15	→ 10:25	→ 10:35
11:15	→ 11:35	→ 11:45	→ 11:55
13:10	→ 13:30	→ 13:40	→ 13:50
14:30	→ 14:50	→ 15:00	→ 15:10
15:50	→ 16:10	→ 16:20	→ 16:30

*wishing you the best
Bajan welcome*

WE HOPE YOUR STAY IS
EVERYTHING YOU IMAGINE
AND MORE.

VISIT US ONLINE